



DR PANAHPOUR  
THE SYSTEMIC DENTIST

## 28 Countries Ban Mercury "Silver" Fillings for Children and Pregnant Mothers

Alireza Panahpour ~ February 26, 2018

On July 1, 2018 the material used in "silver" fillings for cavities, mercury amalgam, will be banned for use in dentistry in 28 countries for children under the age of 15 and for pregnant or nursing moms. The [Minamata Convention Treaty](#), an agreement created by an international coalition of the world's most respected experts on the effects of mercury on people and the planet, is part of what inspired these 28 countries to ban mercury amalgam for these vulnerable communities.

*In celebration of children and pregnant/nursing moms from these countries, soon to be protected from mercury amalgam, [Systemic Dentist will offer 15% off for patients who schedule mercury amalgam removal in March 2018.](#)*

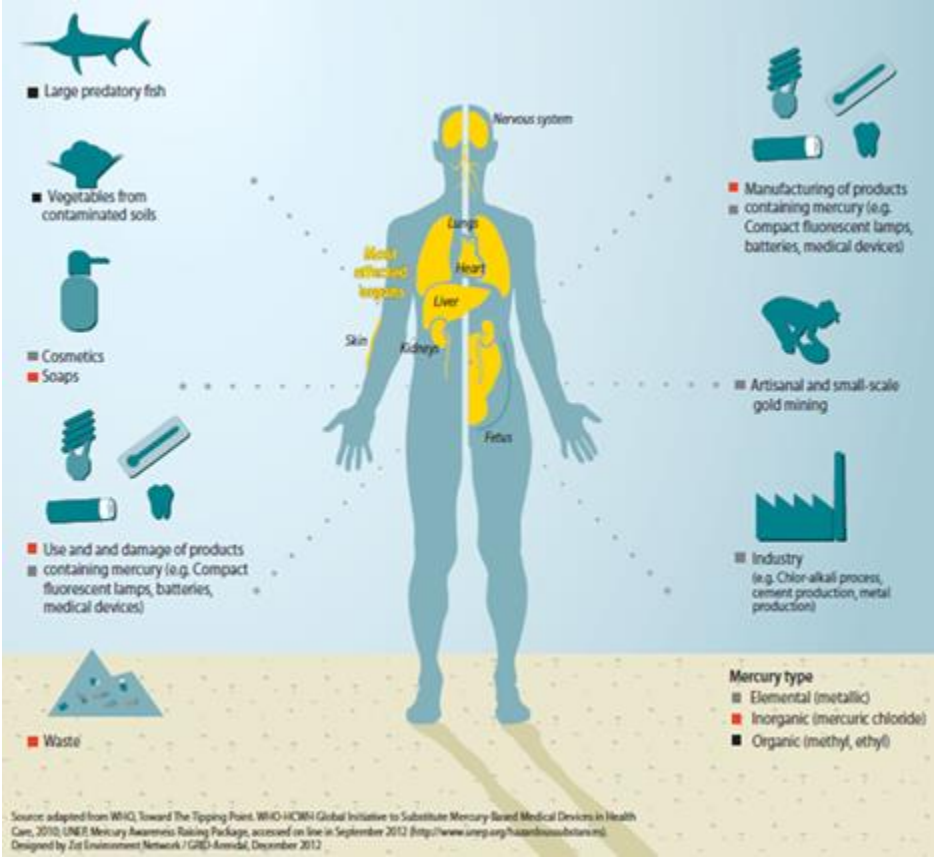
What's the problem with dental mercury amalgam?

Most people have at least one "silver" filling, but may not realize that it is 50% mercury, the second most toxic element on earth. The American Dental Association owns two patents for mercury amalgam used as an inexpensive substance to create fillings for cavities: [Patent #: 4,078,921](#), held by the American Dental Association Health Foundation, the non-profit research arm of the American Dental Association, and [Patent #: 4,018,600](#), held by the American Dental Association Health Foundation, the non-profit research arm of the American Dental Association

Dr. Oz gave this simple explanation of the problem with mercury amalgam on his popular television show In March 2013, a few months after the [Minamata Convention Treaty](#) was signed.



In this episode "**Toxic Teeth: Are Mercury Fillings Making You Sick?**" Dr. Oz brushes mercury amalgam fillings with a toothbrush for 60 seconds. Everyone watching could see that just normal brushing released more mercury vapor than is deemed safe by the EPA.



## WHY IS MERCURY A PROBLEM?

Mercury and most of its compounds are highly toxic to humans and the environment. Large amounts can be fatal, and even relatively low doses can have serious health effects, affecting the nervous system in particular.

### Why hasn't North America banned mercury amalgam?

If 28 countries see mercury amalgam as a potential danger to their children, why don't the parents of North America?

- The American Dental Association owns two patents for mercury amalgam used as an inexpensive substance to create fillings for cavities: [Patent #: 4,078,921](#) and [Patent #: 4,018,600](#), both held by the American Dental Association Health Foundation, the non-profit research arm of the American Dental Association
- In spite of the research that inspired 28 countries to ban mercury in dentistry for children and pregnant or nursing mothers, The American Dental Association continues to state that mercury in dental amalgam is “safe.”

Good dentists and informed consumers of dentistry have to ask some hard questions when the ADA states that amalgam fillings are “safe.”

- Safe for how long?
- Safe for whom? Safe for children? For pregnant women?
- Safe under what circumstances?
- When grinding your teeth in your sleep?
- When chewing gum?
- When drinking hot tea or coffee?
- Safe after 10 years, 20 years, 30 years, or 40 years when the fillings are worn down or fracturing?
- When the margins between the fillings and the teeth are widening?
- As I share in my book, "[The Good Dentist](#)," the U.S. would do well to follow Europe's lead and comply with the intention of the Minamata Treaty as quickly as possible and phase out dental mercury amalgam.
- Each of the 28 European countries must submit a plan by July 1, 2019 for how they are going to reduce amalgam use in the remainder of the population.
- Now that the entire EU is taking a strong stand to protect the health of children and pregnant/nursing women, will the U.S. Food and Drug Administration (FDA) and Health Canada reconsider their stance?